

A Confident Person A Self-directed Learner A Compassionate Leader

The xingnan Journey LEADERS LEAD LEADERS 21st Century Skills development

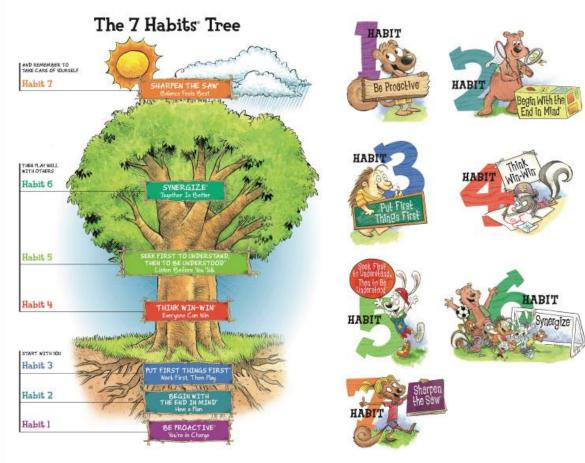
01

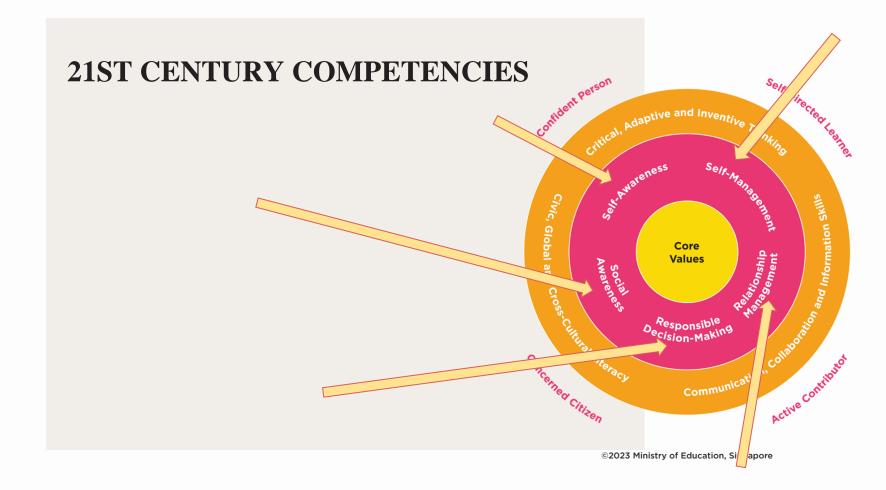
Set of habits as **02** an anchor

03

Elevate the motivation levels of our students

THE 7 HABITS





IMPLEMENTATION AT XNPS





01 The environment

- Posters of habits around the school.
- Habits tree in every class.
- Leaders Lead Leaders Room (L3 Rm)





IMPLEMENTATION AT XNPS

HABIT

02 Infusion into curriculum

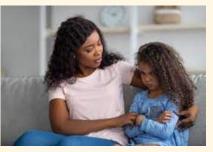
- FTGP lessons
- In house L3 lesson packages
- SIR /KIR/EIR
- Student Handbook

Proactive Language

- Be proactive means YOU are in charge of yourself and the words you use.
- Proactive Leaders use proactive language.

You MATTER









Regular communication

Empathetic listening

Quality time

Self-care

unplug & Recharge









Set time limits

Stretching exercises

Role Modelling

Independent play

